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The Habit

ALCOHOL AND DRUG ABUSE DIVISION
MONTANA DEPARTMENT OF INSTITUTIONS
1539 11TH AVENUE, HELENA, MONTANA 59620
(406) 449-2827

STATE DOCUMENTS COLLECTION

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PREVENTION IN MONTANA

The Alcohol and Drug Abuse Division is currently providing and coordinating prevention activities from a third and final year NIDA categorical grant. Prior to FY79 all prevention activities sponsored by ADAD, including salary and operation for the prevention coordinator, were funded through NIDA formula grants.

Some of the projects funded under prior grants have been:

1. Developing, implementing and training for the Montana Teachers Guide for Alcohol Education K-12.
2. Intervention Training
3. Peer-counseling Training
4. Parent Effectiveness Training

Organizations that received awards from the ADAD have included alcohol and drug programs, school districts, civic groups, health boards and many other human service agencies.

The current award for prevention service programs this year is \$74,000, of which \$33,000 has been obligated by the Division for prevention projects, approved through the mini-grant process. Current recipients of the awards are Butte Indian Alcohol Program, Alcohol and Drug Services of Central Montana, Fort Belknap Indian Alcohol Program, Junior League of Great Falls, Helena School District #1, Rocky Boy Health Board, Missoula City/County Health Department, 13th Judicial District in Billings, and the Gallatin Council on Health and Drugs.

Prevention or Early Intervention services to be provided by these awards include Parent Awareness training, Peer Counseling training, FOCUS program, teacher training, physician training and a Minors' in Possession Program.

It is the intent of ADAD to award the balance of funding we have available early in 1982 for programs that have extremely good possibilities for continuation without federal or state funding.

As stated previously, this is the last year for prevention funding from NIDA; however, prevention services could be increased under the Block Grant Award. Of the 90% of funds awarded in the block grant for alcohol and drug services (10% maximum for administration) at least 20% of the total must be spent on prevention or early intervention activities.

It was the concern of the conference committee on block grants that there has been a lack of a broad and structured effort at both the federal and state level to promote, develop and maintain programs and activities to prevent the abuse of alcohol and other drugs. The conference "believes that a statewide program of alcohol and drug services cannot be effectively conducted without a comprehensive and highly visible prevention component. This conference committee firmly believes that prevention programs and activities are the best hope for one day reducing the enormous social and financial cost associated with the abuse of alcohol and other drugs".

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PLEASE RETURN

COUNTY PLANS FOR FY83

Guidelines for FY83 county alcohol and drug plans were sent to all county commissions by registered mail on September 22, 1981. The plans are due in ADAD's office by 5:00 p.m., December 31, 1981.

Either single or multi-county plans are acceptable but must be approved and signed by county commissioners from each county involved.

Extra copies of the FY83 guidelines may be requested from Joan Rutledge at the Alcohol and Drug Abuse Division.

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EXCESSIVE ERRORS ON AIS FORMS

As you are all aware, the Alcohol and Drug Abuse Division has only one employee to edit and process all AIS forms. The average number of forms submitted to us each month has been about 2,100. With a computer rejection rate of over 10 percent it has been extremely difficult for one person to correct these errors and get the data processed and program output reports generated in a reasonable time frame. It has become apparent that the majority of rejections is due to carelessness on the part of those persons completing the forms. As was stated in a memo to all program directors on October 2, 1981, beginning with October's forms any program having a rejection rate higher than 10 percent will be considered to have submitted sloppy and unusable forms. As per ADAD's policy, which is published on pages 1-7 of the AIS Instructional Manual, continual submission of sloppy and unusable forms could jeopardize or delay funding and/or state approval.

Monthly rejection reports will be mailed to program directors so that they can review the errors with their staffs and satellite offices.

Please complete AIS forms carefully and accurately!

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MONTANA HAS NO DWI LAW

In 1981 the Montana Legislature passed House Bill 364 which significantly changed the penalties for those convicted of driving while under the influence of alcohol or other drugs. [Note: this is DUI, not DWI.] The fines and jail times have been increased as follows:

- 1st offense - optional 24 hour imprisonment; fines are still \$100-\$500;
- 2nd offense - 7-30 days imprisonment with 3 days that may not be suspended; fines from \$300-\$500;
- 3rd offense - 30 days-1 year imprisonment with 10 days that may not be suspended or deferred; fines are \$500-\$1,000.

An additional component was written into the law this year, however; rehabilitation. Completion of an alcohol information course (Montana Court School) at an approved alcohol treatment program is now required as part of the sentence. Completion of this school also includes alcohol or drug treatment, if considered necessary by the counselor conducting the program.

Courts have always had the discretion to impose rehabilitation, but few have done so. With this new DUI law that went into effect October 1, it can be a part of the sentencing statement. Judges from around the state appear to be enthusiastic about the stronger legal leverage they now have on these offenders.

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DRUNK DRIVERS WRECK FAMILIES

In the past years, a concerted effort has been made by several state agencies to make an impact on the drinking driver problem. Stronger laws have been passed, the Montana Court School has a new curriculum and specific guidelines, law enforcement has been making an effort to increase arrests, the crime lab has better equipment. However, all these efforts only back up the most important part of the program; what happens in communities throughout Montana. It is only through cooperation of local law enforcement, community alcohol/drug treatment facilities, judges, city and county attorneys, and the Highway Patrol that the program works effectively. Knowing the resources available in, and the special needs of each community is essential. Likewise, having the support of the people in your hometown is important to changing attitudes about drinking and driving.

One of the major prevention activities being supported this year by these state agencies is one on alcohol and highway safety. Prevention only works on the local level, however, and it needs the support and energy of local involvement. Resources are available to you; pamphlets, billboards, TV and radio spots, posters, bumper stickers, etc. We in the alcohol and drug treatment field already know the problem. People in AA know the problem. What we need are ways to make others aware of the problem. Activities which would make other agencies involved on an active level would be ideal. There are several ideas which have worked in other areas, but they will need to be modified to work in your area.

The prevention efforts in each geographic area will be supported by a multi-media campaign sponsored by this division. Radio and television spots made specifically for Montana will be available to all stations. Billboards will be posted throughout the state. But distribution of pamphlets and posters will depend on each community. The kick-off for the statewide campaign will be November 24, 1981, and will be done by a press conference with Attorney General Mike Greeley, Governor Ted Schwinden, and Colonel Bob Landon. They will be introducing a new Report a Drunk Driver program to include all local enforcement. The theme of the media campaign is Drunk Drivers Wreck Families.

For more information on this project, call Candis Compton, 449-2827.

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In corporate thinking about troubled workers, anyone earning more than \$25,000 has executive stress, those earning less have alcoholism.

Newsday

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CERTIFIED GRAPHOANALYST

Marcella McGeever, Director of the Community Alcoholism Services in Butte, has just received a certificate qualifying her as a Certified Graphoanalyst. The certificate was awarded by the International Graphoanalysis Society, Chicago, Illinois, upon her completion of an 18 month course in the principles and techniques of scientific handwriting analysis.

Marcella advises that the graphanalytic system of handwriting analysis is recognized as a valuable aid in counseling work and is used by personal, marital, vocational and child guidance counselors in many parts of the world. According to Marcella, graphoanalysis is also used in many business firms to assist in personnel selection, and credit risk evaluation.

Certified Graphoanalysts are authorized to prepare personality assessment reports based on this technique for individuals and business firms; lecture to civic, service or social groups whose members may be interested in learning about the subject; and also to conduct introductory programs in graphoanalysis for adult groups in the community. Marcella is presently organizing an introductory "Basic Steps" program.

TRAINING UPDATE

In an effort to provide alcohol and drug programs with training that is relevant, and economical in terms of money and time, we anticipate presenting the following courses during the next few months:

"INTERVENTION" - a 10-hour workshop designed to train alcohol/drug counselors to work with concerned persons in a four-step process of intervention with the chemically dependent.

"ASSESSMENT AND TREATMENT PLANNING" - an 8-hour workshop in collection and utilization of basic intake data for treatment planning; also addresses assessment and review in treatment planning.

"ISSUES IN AFTERCARE" - a 10-hour workshop designed for alcohol/drug counselors who provide aftercare counseling for the chemically dependent and family members following primary treatment.

The above three workshops will be offered on a geographically regional basis to all alcohol/drug counselors in the region. Trainers for these courses are Robert MacConnel and Kay Flinn. These events are offered tuition free, and have been designed for 1-day delivery to save time and money.

The October-November schedule:

INTERVENTION	October 20	Billings
ASSESSMENT/TREATMENT PLANNING	November 4	Miles City
INTERVENTION	November 5	Miles City

Information on the particulars of time and place for the training will be sent to program directors in the identified areas one month before each workshop.

In addition to the ADAD trained events, we will also be offering a 2-day course in GROUP SKILLS, trained by Western Regional Support Center staff from Seattle. This course was delivered in Helena on October 15-16, 1981 and will be offered again in the spring.

We are also putting a training calendar together on a quarterly basis to identify training resources in addition to ADAD. If you are aware of events being offered that would be of interest to alcohol/drug program staff please notify Kay Flinn at ADAD.

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In New York City you are more likely to be bitten by a human than by a dog.

National Public Radio

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RESEARCH BEING CONDUCTED ABOUT ALCOHOL PROBLEMS OF NATIVE AMERICAN SOLDIERS

Research is being conducted at Fort Campbell, Kentucky, concerning alcohol problems of Native American soldiers. If cultural emphasis is to be used in treatment, in depth research must be undertaken to identify positive treatment approaches which take into account cultural traditions.

Help in the collection of data for this study is being requested by counselor Curtis Christy of Fort Campbell. Mr. Christy states that "we see Indian soldiers from your state, and I personally view alcohol problems among the Plains Indians living in the Northcentral and Northwest as very severe..." Articles, studies, school papers on any aspect of Indian life that might be relevant to the alcohol problem are being solicited.

Address all correspondence to Curtis C. Christy, WARD 2-C, ADAPCP-MEDDAC, AFZB-PA-AD, Fort Campbell, Kentucky 42223.

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Drug Education today is where sex education was fifty years ago.

Tim Leary

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CERTIFICATION

Listed below are the names of those persons who have recently gained full certification. We once more extend our congratulations and appreciation to the following:

Jim McIntosh - Flathead Program, Kalispell
Ken Anderson, Director - Flathead Program, Kalispell
Kay Flinn - Alcohol and Drug Abuse Division, Helena
Hazel Gum - AT&R, Galen
Jeff Slothower, Director - Changes Drug Program, Butte
Dennis Duncan - Private Practice, Big Fork

After the October 31 oral examination, we will suspend all testing until January, 1982. The holiday season presents too many conflicts to attempt to schedule the exams. You may, however, continue to submit taped work samples at any time regardless of your certification standing. You do not have to complete the written and oral exams before submitting tapes.

If your mailing address changes, please inform us. A number of announcements have been returned to us because we do not have corrected addresses.

Once you have been notified of your eligibility to take the written or oral examination, please notify Bob MacConnel, Alcohol and Drug Abuse Division, Certification Section, if you are unable to be there as scheduled. A substantial number of people are ignoring the examination notices which says very little for responsible, professional attitudes.

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In August Postmaster General William F. Bolger announced the availability of 100 million 18-cent "Alcoholism - You Can Beat It!" postage stamps. These stamps were developed through a contract with a New York City graphics firm. It's sure too bad alcoholism and its effects don't have about the same life span as the stamp.

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INTERESTING

Coffee, tea, soda pop, juices and water are consumed more frequently than alcohol. For most people, drinking alcohol is an uncommon occurrence.

30% of the population are abstainers or infrequent drinkers
30% are light drinkers
30% are moderate drinkers
10% are heavy drinkers, who consume over 60% of the alcohol consumed in the United States.

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